



INSTRUCTIONS

The contractowner may use this form to authorize The Guardian Insurance & Annuity Company, Inc. (GIAC) to accept telephone instructions for:

- Telephone transfers among investment options
Changes to future payment allocations
Address changes
GIAC reserves the right to limit the frequency of transfers to once every 30 days
To make telephone transactions, call the number below. Have your Personal Security Code available.
1-800-533-0099, Option 1, Monday-Friday, 8:30 a.m. to 3:30 P.M., Eastern Time.

Regular Mail
The Guardian Insurance & Annuity Company, Inc.
Variable Annuity Administration
P. O. Box 26210
Lehigh Valley, PA 18002-6210

Express Mail
The Guardian Insurance & Annuity Company, Inc.
Variable Annuity Administration
3900 Burgess Place, #3S
Bethlehem, PA 18017

1. Contract / Policy Information (Please print clearly in ink.)

Check One: [ ] New Contract [ ] Existing Contract or Policy # \_\_\_\_\_

Owner Name \_\_\_\_\_

Joint Owner Name \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Telephone: \_\_\_\_\_ E-mail \_\_\_\_\_

2. Personal Security Code

Select any 5-digit number as your Personal Security Code: [ ] [ ] [ ] [ ] [ ]
(Please keep this number in a safe place for future reference.)

3. Signatures

My (our) signature(s) indicates that I (we) have received the current prospectus for my (our) contract or policy and have authorized The Guardian Insurance & Annuity Company, Inc.(GIAC) to accept telephone instructions to make transfers among investment options, to change future payment allocations and to initiate an address change from me (us) or any other person who identifies the above contract(s) or policy(ies) and personal security code and will not be liable for any loss, damage, cost or expense resulting from following telephone transfer instructions which it reasonably believes to be genuine. I (we) understand that this telephone change authorization will be effective until written revocation or modification is received by GIAC's Customer Service Office or GIAC discontinues this privilege, whichever occurs first.

Signature of Owner \_\_\_\_\_ Date \_\_\_\_\_

Signature of Joint Owner (if any) \_\_\_\_\_ Date \_\_\_\_\_



EB-01012301090101